



# Contemplative Outreach of Central MO Presents:

FROM SEEKER TO SAGE:

JOURNEY  
TO THE  
UNKNOWABLE

*The "Spiritual Journey" is a metaphor for how our beliefs change and develop throughout life. We are all always "on the way," and everyone travels at a different pace. As seekers many of us find the more intimately we come to know God, the more intense the desire for an even deeper relationship becomes.*

*Some approach the journey from an intellectual or educational perspective; others may seek reconciliation or desire to know the existence of God. Some realize they are on the journey when their primary life intention becomes a seeking a deeper relationship with God through prayer practice, devotion and service.*

*Join us as we move through the different seasons of spiritual growth from our awakening moments, through our seeking and a gradual restructuring of consciousness.*



A  
PRE-  
LENTEN



Urban  
Retreat



Presented by: Susan Komis  
For more information or to register go to [www.cocemo.org](http://www.cocemo.org) or contact COCEMO at 573-864-1097 or email: [cocemo1@gmail.com](mailto:cocemo1@gmail.com)

February  
22-23, 2020  
Holiday Inn  
Executive Center;  
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